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## (54) Cold sheet

(57) A cold patch excellent in the persistence of the cooling effect, prepared by adding I-methanol and ethanol to a plaster composition containing a water-soluble high-molecular-weight substance, a polyhydric alcohol and water in a weight ration of 1/0.5 to 1/10.

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#### COLD SHEET

## TECHNICAL FIELD OF THE INVENTION

The present invention relates to a cold patch, called a "cold sheet", and more particularly, to a patch excellent in the persistence of the cooling effect which comprises a paste composition comprising a water-soluble highmolecular-weight substance, a polyhydric alcohol and water, said composition being incorporated with 1-menthol and ethanol for providing the cooling effect.

## TECHNICAL BACKGROUND

Hitherto, a patch has widely been used for the purpose of suppressing a blood flow and for relieving pain at a local inflammation with fever such as bruise, contusion, For this purpose, it is desired that a patch not only has physiological properties such as a good adhesion to the skin and easiness of peeling from the skin without paste remaining on the skin but also efficiently provides the cooling effect persistently.

A patch has conventionally been prepared by mixing and blending kaolin, gelatin, glycerol, a water-soluble highmolecular-weight substance, water etc. with one or more active reagents such as methyl salicylate, ethylene salicylate, dl-camphor, etc. and then applying this mixture a support such as non-fabrics. Such a patch supplemented with 1-menthol as an essential component for providing the cooling effect. However, since 1-menthol is an

oily substance which quite easily evaporates and persistence of the cooling effect is not sufficient, there have been made various attempts to improve the persistence of the cooling effect. For example, there have been proposed a method wherein 1-menthol is incorporated within cyclodextrin and a method wherein 1-menthol is dispersed in a surfactant However, even a patch prepared by these methods solution. could not attain a sufficient persistence of the cooling effect. A patch with a large amount of water has also been known, which utilizes heat of vaporization when water vaporizes to promote the cooling effect at the affected part (Japanese Patent First Publication No. 54-106598, Japanese Patent First Publication No. 59-110615). Due to a high content of water in a base, this type of a patch exhibits a poor maintenance of shape and, at a season of much perspiration such as in summer, the water content in the base becomes too high due to perspiration at the applied part to induce so-called looseness and stickiness. Furthermore, due to difficulty in incorporating a humectant such as glycerol, propylene glycol, etc. into a base, this type of a patch is also disadvantageous in that water evaporates in a short period of time and thereby the persistence of the cooling effect still remains insufficient.

The present inventors have earnestly studied in order to obviate the above-mentioned disadvantages, and as a result, have found that the persistence of the cooling effect can be improved by incorporating 1-menthol and ethanol at a

specific ratio into a paste composition comprising a watersoluble high-molecular-weight compound, a polyhydric alcohol and water, and thereby the present invention has been completed.

## DISCLOSURE OF THE INVENTION

That is, a patch of the present invention is characterized by that 1-menthol and ethanol are incorporated as a reagent for providing the cooling effect at a specific ratio into a paste composition comprising a water-soluble high-molecular-weight compound, a polyhydric alcohol and water.

A water-soluble high-molecular-weight substanc used herein includes gelatin, polyacrylic acid, sodium polyacrylate, polyvinyl alcohol, polyvinyl pyrrolidone, carboxyvinyl polymer, sodium carboxymethyl cellulose, hydroxypropyl cellulose, methyl cellulose, ethyl cellulose, a methyl vinyl ether/maleic anhydride copolymer, sodium alginate, poly(ethylene oxide), acacia, glucomannan, xanthan gum, tragacanth gum, etc., or a mixture of one or more thereof. Although an amount of a water-soluble highmolecular-weight substance to be incorporated into a paste composition is not particularly limited, with less than 2% (% by weight, hereinafter the same) of the compound based on a whole amount of a paste composition, the composition does not have a sufficient viscosity and does not become a paste. On the other hand, where more than 20% of a water-soluble highmolecular-weight substance is incorporated into a paste

composition, a viscosity of the resulting composition is too high and thus it becomes difficult to handle during a production process. Accordingly, a water-soluble high-molecular-weight substance is incorporated into a paste composition at an amount ranging from 2 to 20%, preferably from 5 to 15%, based on a whole amount of the composition.

A polyhydric alcohol as used herein includes glycerol, sorbitol, propylene glycol, poly(ethylene glycol), 1,3-butylene glycol, ethylene glycol, etc. or a mixture of one or more thereof. An amount of a polyhydric alcohol to be incorporated into a paste composition ranges from 8 to 60%, preferably from 10 to 50%, based on a whole amount of the composition. Where the amount is less than 8%, a humectant effect is not sufficient and hence water evaporates in a short period of time, thereby the effects of 1-menthol and ethanol, i.e. the cooling effect, is not persistent for a long period of time. On the other hand, where the amount is more than 60%, an amount of other components to be incorporated into a paste composition is restricted.

water is typically incorporated into a paste composition in an amount ranging from 20 to 80%, preferably from 25 to 70%, based on a whole amount of the composition. Where the amount is less than 20%, a solubility of a water-soluble high-molecular-weight substance is unacceptably lowered and hence a uniform spreading becomes impossible. On the other hand, where the amount is more than 80%, a paste

composition is too much softened and the resulting patch is apt to exhibit looseness.

A ratio of an amount of 1-menthol and ethanol to be incorporated into a paste composition comprising a water-soluble high-molecular-weight substance, a polyhydric alcohol and water is preferably in a range from 1:0.5 to 1:10, more preferably from 1:1 to 1:5. Apart from this range, the cooling effect is not persistent. An amount of ethanol to be incorporated into a paste composition is preferably in a range from 0.1 to 10% based on a whole amount of the composition. Where more than 10% of ethanol is incorporated, it possibly irritates the skin at the applied part, whereas the cooling effect cannot be obtained with less than 0.1% of ethanol.

In addition to the above-mentioned components, the paste composition of the present invention may further be incorporated with various additives which are usually used for a conventional patch, including an inorganic material, a surfactant, a cross-linking agent, etc. such as kaolin, bentonite, titanium oxide and the like in a usual amount.

The paste composition of the present invention is prepared in a usual manner by blending the components. For example, 1 part of a water-soluble high-molecular-weight substance and 1 part of a polyhydric alcohol are dissolved in water, and after optionally adding another components, a solution of 1-menthol in ethanol is added to the mixture. The resulting mixture is blended and further added with the remaining of a water-soluble high-molecular-weight substance

and other additives, and after blending, the paste composition of the present invention is prepared.

The thus prepared paste composition is then applied and spread onto a support cloth sheet in a usual manner, and the applied surface is covered with a releasing paper for protection, which is then cut into an appropriate size to produce a desired patch.

For a support cloth sheet, any material used for a conventional patch such as non-fabrics, textile, knitted material, etc. may be used. Such a support cloth sheet may be made of either synthetic or natural fibers such as nylon, rayon, polyester, polypropylene. A releasing paper may also be any one which is used for a usual patch including a plastic film such as a polyethylene film.

# BEST MODE FOR CARRYING OUT THE INVENTION

The invention is more fully explained by means of Examples but should not be construed to be limited to the following Examples.

## Example 1

[Component]	[%(W/W)]
Polyacrylic acid	6.0
Sodium polyacrylate	5.0
Sodium carboxymethyl cellulose	5.0
Gelatin	1.0
Polyvinyl alcohol	0.5
Tartaric acid	0.2
Glycerol	20.0

Aluminum hydroxide	0.5
Methylparaben	0.1
l-Menthol	0.6
Ethanol	0.5
Purified water	the rest
Total	100.0

To 15 parts of purified water are added gelatin and polyvinyl alcohol and the mixture is dissolved with heating. To this solution is added methylparaben and the mixture is well blended. To this mixture are then added a solution of 1-menthol in ethanol, tartaric acid and the rest of purified water, and the mixture is further blended until homogeneity is obtained. Finally, a solution in which polyacrylic acid, sodium polyacrylate, sodium carboxymethyl cellulose and aluminum hydroxide are dispersed in glycerol is added to the mixture, which is well blended to produce a paste composition. The resulting paste composition is spread onto a support cloth sheet made of rayon fiber at 1000 g/m² and then the surface of the paste composition is covered with a plastic film, which is cut at an appropriate size to produce a patch.

## Example 2

[Component]	[%(W/W)]
Sodium polyacrylate	4
Sodium carboxymethyl cellulose	3
Gelatin	2
Polyvinyl pyrrolidone	1

Glycerol	25
D-Sorbitol solution	20
Kaolin	5
Aluminum hydroxide	0.8
Tartaric acid	0.4
Methylparaben	0.1
Propylparaben	0.05
1-Menthol	1
Ethanol	0.5
Purified water	the rest
Total	100.0

To 15 parts of purified water are added gelatin and polyvinyl pyrrolidone and the mixture is dissolved with To this solution are added methylparaben and heating. propylparaben and the mixture is well blended. To this mixture are then added a solution of 1-menthol in ethanol, tartaric acid, kaolin, D-sorbitol solution and the rest of purified water, and the mixture is further blended until homogeneity is obtained. Finally, a solution in which sodium polyacrylate, sodium carboxymethyl cellulose and aluminum hydroxide are dispersed in glycerol is added to the mixture, which is well blended to produce a paste composition. resulting paste composition is spread onto a support cloth sheet made of polyester fiber at 1000  $\mathrm{g/m^2}$  and then the surface of the paste composition is covered with a releasing paper, which is cut at an appropriate size to produce a patch.

## Example 3

[Component]	[%(W/W)]
Polyacrylic acid	1
Sodium polyacrylate	2
Sodium alginate	3
Gelatin	1
Polyvinyl alcohol	0.5
Glycerol	16
Propylene glycol	10
Magnesium metasilicate aluminate	0.4
Propylparaben	0.05
Methylparaben	0.1
1-Menthol	3
Ethanol	9
Purified water	the rest
Total	100.0

To 15 parts of purified water are added gelatin and polyvinyl alcohol and the mixture is dissolved with heating. To this solution are added methylparaben and propylparaben and the mixture is well blended. To this mixture are then added a solution of 1-menthol in ethanol and the rest of purified water, and the mixture is further blended until homogeneity is obtained. Finally, a solution in which polyacrylic acid, sodium polyacrylate, sodium alginate and magnesium metasilicate aluminate are dispersed in a mixture of glycerol and propylene glycol is added to the mixture, which is well blended to produce a paste composition. The resulting paste

composition is spread onto a support cloth sheet made of nylon fiber at 1000  $g/m^2$  and then the surface of the paste composition is covered with a releasing paper, which is cut at an appropriate size to produce a patch.

## Comparative Example 1

The procedures in Example 1 are repeated except that 1-menthol is replaced with an equal amount of water to produce a patch.

## Comparative Example 2

The procedures in Example 1 are repeated except that ethanol is not used and 1-menthol is replaced with an equal amount of liquid menthol calculated as 1-menthol to produce a patch.

#### Comparative Test 1

With the patches prepared in Examples 1, 2 and 3 and Comparative Examples 1 and 2, each ten test trips (7 cm x 10 cm) were prepared. Each one test strip was applied at random to the back of 25 subjects and the cooling effect was assessed 2 hours and 12 hours after application wherein the persistence of the cooling effect was also evaluated.

- § Cooling effect: feeling of cooling during application is evaluated based the following criteria.
  - +: Feeling extensively cooling
  - t: Feeling cooling
  - -: Feeling no cooling

§ Persistence of the cooling effect: this is evaluated by reports from subjects of persistence of feeling cooling.

	Table 1		
	Cooling	effect	Persistence of cooling effect (Hour)
	Af 2 hours	ter 12 hours	
Example 1	+	±	12.0
Example 2	· +	±	12.0
Example 3	+	±	12.0
Comp. Ex. 1	-	-	1.5
Comp. Ex. 2	+	. <b>-</b>	2.4

As is evident from the above results, it was found that the patch of the present invention has excellent properties in the persistence of the cooling effect due to incorporation of 1-menthol and ethanol into a paste composition comprising a water-soluble high-molecular-weight substance.

## CLAIMS

- 1. A cold patch which comprises a paste composition comprising a water-soluble high-molecular-weight substance, a polyhydric alcohol and water, said composition incorporating 1-menthol and ethanol at a weight ratio ranging from 1:0.5 to 1:10.
- 2. The cold patch of claim 1 wherein ethanol is incorporated in an amount ranging from 0.1 to 10% by weight based on a whole amount of the paste composition.
- 10 3. The cold patch of claim 1 wherein said patch comprises 2 to 20% by weight of the water-soluble high-molecular-weight substance, 8 to 60% by weight of the polyhydric alcohol, 20 to 80% by weight of water, 0.1 to 5% by weight of 1-menthol and 0.1 to 10% by weight of ethanol.
  - 4. A cold patch substantially as herein described.
  - 5. A paste composition for use in the preparation of a cold patch according to any one of the preceding claims, the composition comprising a water-soluble high-
- 20 molecular-weight substance, a polyhydric alcohol and water, and further incorporating 1-menthol and ethanol at a weight ratio of between 1:0.5 and 1:10.

## INTERNATIONAL SEARCH REPORT

International application No.

		PCT/	JP95/00526
	ASSIFICATION OF SUBJECT MATTER		
1	. Cl <sup>6</sup> A61K9/70, 31/045, A6		
According	to International Patent Classification (IPC) or to be	th national classification and IPC	
	LDS SEARCHED		
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Int	. C16 A61K9/70, 31/045, A6	51F7/02	
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Electronic di	ate base consulted during the international search (name	e of data been and minera manifestale and	
	the state of the s	- or use case and, where practicable, search	terms used)
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C. DOCU	MENTS CONSIDERED TO BE RELEVANT		
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means  combined with one or more other such document is being obvious to a person skilled in the art			
the priority date claimed "A" document member of the name patent family			
Date of the actual completion of the international search  Date of mailing of the international search report			
May 2	22, 1995 (22. 05. 95)	June 13, 1995 (13.	-
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